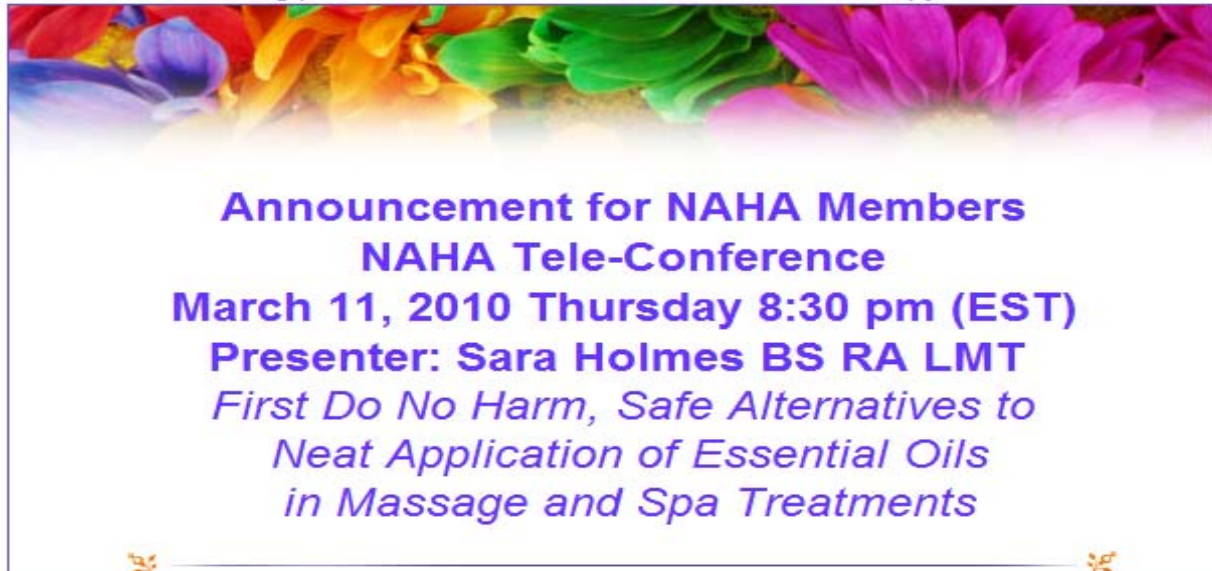


It's usually fun to see ourselves in print, and this was one of those times! For more information, call or email me at the addresses on page 2. Sara



The National Association for Holistic Aromatherapy www.naha.org

The National Association for Holistic Aromatherapy (NAHA) is an educational, nonprofit organization dedicated to enhancing public awareness of the benefits of true aromatherapy.



NAHA Tele-Conference Topic:

First Do No Harm, Safe Alternatives to Neat Application of Essential Oils in Massage and Spa Treatments

Presenter; Sara Holmes BS, RA, LMT
(featured author in NAHA Aromatherapy Journal 2009.4 issue)

When: March 11, 2010

Thursday 8:30 p.m. EST

Where: Via your phone

Free for NAHA Members
\$50.00 for non-members





Presenter: Sara Holmes, BS, RA, LMT

Sara will speak about:

First Do No Harm, Safe Alternatives to Neat Application of Essential Oils in Massage and Spa Treatment

The tele-conference presentation will focus on why Aromatherapists should be concerned about the safety issues of using undiluted essential oils for massage and dermal application on clients. There are a variety of opinions and evidence based propositions that Aromatherapists support. We need to discuss this very important issue in depth so that our profession can come to some sort of serious consensus on the safety and ethics of undiluted use.

I had a very successful experience converting a high profile spa that featured RDT to a similar technique by creating a safe and pleasing alternative that left clients and therapists feeling safe and satisfied. I am sure other Aromatherapists have had similar experiences and opportunities that they would like to share too.

This tele-conference will promote sharing ideas that encourage more therapists to use safer alternatives. With increased education, guidance and support Aromatherapists can make safe educated choices by replacing the sensitizing oils with safe substitutes, incorporating skilled blending, and creative diffusion.

Sara will be available to compile any additional questions, feedback and suggestions pertaining to this topic via email for future presentation and discussion. Please contact Sara via the NAHA Online Feedback Form.

To learn more about Sara Holmes, her products, services and educational programs visit her website at

www.botanicalhealingarts.com

email: botanicalhealingarts@hotmail.com



Botanical Healing Arts

215 East Newkirk Street, Tuscola, IL 61953
Phone 217 253-2468 Fax 217 253-6760
email botanicalhealingarts@hotmail.com

Click the Back arrow or Back button on your browser to return to our home page. Thanks!